In The Claims:

1-34. (Cancelled)

35. (Previously Presented) A handle for a lacrosse stick and mounting a lacrosse head thereon, comprising:

a hollow metal tube having a substantially polygon cross-sectional shape for attachment to the lacrosse head;

said hollow metal tube having a top end portion, an intermediate portion, and a bottom end portion;

said top end portion and said bottom end portion defining a length of said hollow metal tube;

said hollow metal tube having an outer surface and an inner surface; and a pair of reinforcing inserts attached to said inner surface of said top end portion and said bottom end portion;

said reinforcing inserts forming a layer extending substantially around a circumference of said inner surface for strengthening said hollow metal tube at said top end portion and counterbalancing the lacrosse head at said bottom end portion;

said reinforcing inserts minimizing the weight of the handle by defining a hollow cavity and being offset from said intermediate portion.

- 36. (Previously Presented) The handle of claim 35 wherein said hollow metal tube formed from aluminum.
- 37. (Previously Presented) The handle of claim 35 wherein said hollow metal tube formed from titanium.
- 38. (Previously Presented) The handle of claim 35 wherein said wall thickness is substantially uniform around said circumference of said inner surface.
- 39. (Previously Presented) The handle of claim 35 wherein said reinforcing inserts are formed from fiberglass.

40. (Currently Amended) A handle for a lacrosse stick, comprising:

a hollow metal tube having a first end for engagement with a lacrosse head and a second end opposing said first end;

said first end and said second end defining a length of said hollow metal tube; said hollow metal tube having an inner surface and an outer surface;

a pair of reinforcing inserts attached to said inner surface of said first end and said second end;

said reinforcing inserts extending substantially around a circumference of said inner surface;

said reinforcing inserts forming a layer coupled to said inner surface and defining a cavity for minimizing the weight of the handle;

said reinforcing inserts offset from an intermediate portion between said first end and said second of said hollow metal tube for further minimizing the weight of the handle[[.]];

said hollow metal tube having a polygon cross-sectional shape.

- 41. (Previously Presented) The handle of claim 40 wherein said hollow metal tube formed from aluminum.
- 42. (Previously Presented) The handle of claim 40 wherein said hollow metal tube formed from titanium.
- 43. (Previously Presented) The handle of claim 40 wherein said wall thickness is substantially uniform around said circumference of said inner surface.
- 44. (Previously Presented) The handle of claim 40 wherein said reinforcing inserts are formed from fiberglass.

45. (Previously Presented) A handle for a lacrosse stick and mounting a lacrosse head thereon, comprising:

a hollow metal tube having a plurality of inner corners defining a bore with a polygon cross-sectional shape;

said hollow metal tube having a top end portion, an intermediate portion, and a bottom end portion;

said top end portion and said bottom end portion defining a length of said hollow metal tube;

said hollow metal tube having an outer surface and an inner surface; and a pair of reinforcing inserts attached to said inner surface of said top end portion and said bottom end portion at said plurality of inner corners;

said reinforcing inserts minimizing local deformation of said hollow metal tube;

said reinforcing inserts minimizing the weight of the handle being offset from said intermediate portion.

- 46. (Previously Presented) The handle of claim 45 wherein said hollow metal tube formed from aluminum.
- 47. (Previously Presented) The handle of claim 45 wherein said hollow metal tube formed from titanium.
- 48. (Previously Presented) The handle of claim 45 wherein said reinforcing inserts are formed from fiberglass.
- 49. (New) A lacrosse stick having a lacrosse head coupled to said top end portion of the lacrosse handle of claim 35.
- 50. (New) A lacrosse stick having a lacrosse head coupled to said first end of the lacrosse handle of claim 40.

51. (New) A lacrosse stick having a lacrosse head coupled to said top end portion of the lacrosse handle of claim 45.